



Join us for the
**FIRST EVER
 HYBRID
 CONVENTION**
 of
**FOOD ADDICTS
 ANONYMOUS**

TOGETHER IN MEMPHIS • CONNECTED FROM ANYWHERE

Whether you join us in person or online, you are an important part of our fellowship.
 Let's step into the rhythm of recovery—together!

SCHEDULE (SUBJECT TO CHANGE)

FRIDAY OCT. 2, 2026	7:00 PM Keynote Speaker
SATURDAY OCT. 3, 2026	9:00 AM Workshop: "Abstinence on the Move" 10:30 AM Workshop: "Back in Step, Finding Your Rhythm Again" 1:00 PM Workshop: "Tuning Into Spirituality- Listening Between the Notes" 6:15 PM Board Announcements 6:40 PM Main Speaker
SUNDAY OCT. 4, 2026	9:00 AM Closing Speaker

For questions, you can contact
 Cindy K. 732-300-7255

JOIN US YOUR WAY!



Attend in
Memphis



Attend
Virtually

All are welcome.
 All are needed.

The strength of our fellowship comes from unity, and your support helps carry the message of recovery forward—locally and globally.

Suggested contribution: \$26
 in honor of 2026,
 our first hybrid year!
 If you feel moved to contribute beyond the suggested amount, your extra support is greatly appreciated and helps sustain our fellowship.

★ **SUGGESTED
 CONTRIBUTION** ★
OF \$26

Virtual and in-person registration forms are found at www.faacanhelpp.org

One fellowship. One rhythm. One recovery. 🎵 See you in Memphis!